## Good on the Green

## LIMBER

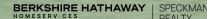
WELLNESS

WEDNESDAY EVENINGS IN AUGUST AUG 6, AUG 13, AUG 20, AUG 27 6:00-7:00 PM

A MIDWEEK RESET

THE GROVE - 700 MAIN ST. NW







THIS EVENT IS FREE. PLEASE BRING YOUR YOGA MAT, TOWEL, AND WATER.

VILLAGEOFBOURBONNAIS.COM

